

## *Kyle Mortenson, "Consent Queen"*

### ★ *For your school..*

As the Consent Queen, I offer more than just workshops—I bring a fresh, engaging approach to healthy relationship education. From interactive sessions for students to fun, informative workshops for teachers and families, I make sure important topics like consent, communication, and boundaries are accessible and enjoyable. I can even help you curate custom curriculum tailored to your school's unique needs, ensuring that these conversations continue long after the workshop ends!



### *@You Heard it in Health*

#### Workshops

Educational development for youth and adults. Our focus uses innovative ways to connect surrounding conversations about healthy relationships.

See diverse workshop selections below.

45-60 min.

\*participant numbers may adjust cost

#### Online Courses

Monthly educational courses both for teachers, coaches, and caregivers.

60 min.

#### Consultations

Virtual call or in person consultation to provide the support needed for educators, students, coaches, and families

60 min.

\*Initial call-free

30 min

Kyle Mortenson is a National Board Certified Teacher who has connected with over 4,000 + students in her 16 years of teaching. Her passion for enhancing healthy relationship education formed the foundation of You Heard It in Health. Creating tangible and creative dialogue for much of life's most confusing conversations.



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## Diverse Workshop Selections

Examples to choose from



### Is Consent a Game?

Using meaningful movement to connect uncomfortable topics with tangible tools. Fun interactive activities that help fuel conversations in setting boundaries and consent.

Best for: Classes, Teams and Troops - Duration: 45 minutes

### Are You a Lead or Follow?

Using partner dance, we will talk about healthy communication, within a relationship.

This will also lend itself to roles within dating and gender stereotypes

Best for: Teen groups and Teams - Duration: 60 minutes

### Let's Talk Sex Baby...

What are the best ways to talk to your teens about sex?

Best for: Parents & Caregivers - Duration: 45 minutes

### Is my Classroom Current?

Tips and tools for utilizing creative and innovation lessons for health class during conversations surrounding family life education.

Best for: Teachers and Schools - Duration: 60 minutes

### A La Carte Impact Services

- \*Teacher Mentoring
  - \*Community Engagement
  - \*Partnership Events
  - \*Curriculum Review
  - \*Parent/Family Classes
  - \*Specific Incident Conversation
- Pricing based on number of participants and services

### Who Can Benefit?

Teachers, Schools, Teams, Students, Coaches, Parents, Scout Troops & Homeschool Families

Scan to connect





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What are the best ways to talk to your teens about sex?  
Best for: Parents & Caregivers - Duration: 45 minutes

### Is my Classroom Current?

Tips and tools for utilizing creative and innovation lessons for health class during conversations surrounding family life education.  
Best for: Teachers and Schools - Duration: 60 minutes

### A La Carte Impact Services

- \*Teacher Mentoring
  - \*Community Engagement/Partnership
  - \*Curriculum Review
  - \*Identify Lesson Updates
  - \*Specific Incident Conversation
- Pricing based on service(s) selected

### Who Can Benefit?

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